19 Red Flags

If you've watched my YouTube channel, you know I often reference the phrase "she had more red flags then a Chinese communist parade". In this chapter, I want to dive a little deeper into the most risky red flags men should be aware of as they navigate life around women.

I've made plenty of these mistakes myself, and have counselled several hundred men, this collection of red flags should not be ignored. When reading this chapter, you can choose to pursue a deep relationship with any of the women aforementioned in this chapter, but in my estimation, the juice isn't worth the squeeze, and the risks far outweigh any reward. If you are a woman reading this chapter, and you identify with a red flag, don't get upset, instead, like I preach to men, do the work on yourself, take ownership and seek counselling.

As many men have observed, the wrong woman can ruin your life, so getting good at spotting red flags is a paramount skill, and while this chapter covers the majority of them, there are others, so use your best judgement.

If you do choose to get involved with any of these types of women, my advice is to limit your interaction to a FWB relationship and keep spinning plates. As soon as one or more of these red flags are identified, resign her to plate status and make no further emotional investment in her or a relationship. There are women out there that will add value to your life, if you keep the wrong ones out.

I am also approaching this chapter with the assumption that you are a man of purpose that values his own masculinity, strength, and traditional male competency skills. Beta men will make concessions and accept red flags, a man of virtue, chasing excellence and purpose will not let them interfere with his life purpose.

Red Flag #1 - Daddy issues – If she doesn't have a good relationship with her father, or she had an acrimonious relationship with him growing up, he was absent, her mother pushed him out of her life, or he was just disinterested in being a dad and instead was a piece of furniture in the house she likely has some degree of daddy issues.

Any woman that didn't have a good relationship with a strong, masculine & virtuous father in her life isn't going to value a masculine, virtuous, alpha man.

If she didn't value her father, what makes you think she will value you? I've counselled too many men that got involved with women with daddy issues that try to save these women, and it's never worth your time.

Another risk tied into daddy issues is often that borderline personality disorder (BPD) women frequently originate from fatherless homes, the origin of their BPD is most often a fear of abandonment. BPD women are freaks in the sheets, and can act like a lady in the street. BPD women can go from hot to frigid cold very quickly, they can appear to be the most caring, loving and attentive women but aren't sincere about it. They have a way of making you feel like "oh wow, finally a woman that appreciates, respects, and loves me".

Within daddy issues, it should be mentioned to be wary of women raised by a single, feminist mother. A mother that identifies as "feminist" will instill toxic values in her daughter, and aside from treating men like tax cattle to facilitate the feminine agenda, you will not be valued, and more than likely deemed to be a privileged male.

Asking the question early on "tell me about your parents growing up" will help filter out, and identify women with daddy issues. Remember, you have two ears, and one mouth, use them in that ratio, and ask, then listen. She will tell you her story.

I've had my fair share of experiences with women with daddy issues, and beyond a FWB arrangement, they are almost always not worth your time, effort and resources.

A woman's father is her primary role model growing up, and provides the baseline inputs that govern her belief system and the lens in which she views men, women and how they should interact together.

The origin of her daddy issues is irrelevant, if she expresses distaste for her father, it is unlikely she will value men in general.

Single mother households, and especially feminist single mommy's are a breeding ground for today's women with daddy issues.

A popular video on my channel called *"3 women men should avoid dating"* was the video based on a woman I was just dumped that had 1) daddy issues, 2) needed saving 3) a single mom fighting with her ex over money.

I had a girlfriend once, who had 3 older siblings, and her mum was widowed before she was conceived, so being a single mother of 3, she needed to optimize her hypergamy she naturally went looking for a beta provider, and eventually had a 4th child (my ex-girlfriend) with her second husband.

Her mum died of cancer when my ex was in her early 20s, and when I asked about her relationship with her father, she claimed unforgivable indiscretions her father was responsible for. She painted her mother as a saint, a feminist and her father as an abusive, misogynist cheater and child abuser.

At the time I was dating her, there was almost 20 years of zero contact between this exgirlfriend and her father. It was no surprise that she also identified as a feminist, was a single mother of two, and subsequently had little regard for men, and masculinity unless it served value to her and her children, then it was quickly dismissed when the value was rendered.

There was a constant internal conflict within her biology to seek out and be with a top shelf man, but interestingly, she also resented masculine energy, and men that didn't subscribe to her solipsistic feminist beliefs.

This was a woman that ran away from Canada after her mum died to teach English in Asia (always a red flag), ran through her party years with many men in Japan & Thailand then came back at her epiphany phase, and married a beta male that pined for her from university at 29 to fulfill her biological clock, and promptly divorced him at 38 when she deemed that he was no longer useful to her.

You will also notice that these types of women will not take ownership for their lives. When I did that video titled "3 women to avoid dating" on my channel, and it was common to see women with daddy issues point and sputter their insecurities in the comments, the example below is typical.



Pamela Rowles 2 hours ago (edited) 0 subscribers so because my father decided to be a drug addict instead of a dad I am not worthy of a husband one day like it's my fault yea right u are truly a dumb prick like a man could of done what my mom did no man could ever compete with a mother like mine I don't need a man to tell me how I'm supposed to be treated instead I had a mom to teach me that I deserve the best and not to settle for some loser just to have a man around Reply



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Red Flag #2 - **Feminists** – Many western women today either identify as a feminist, or even if they don't, they have been influenced by toxic western feminist belief systems. The narrative they hear is men are privileged, they hold women back, and women are the victims of the patriarchy.

The devout lifetime feminists are usually easy to spot. They often have shorter hair dyed brightly in unnatural colours (blue, purple or red), have several tattoos, face piercings, lack feminine attraction cues and are generally overweight as opposed to classic feminine cues like women that put a priority on appealing to men that look fit, have long hair, dress attractive, have their nails done, and wear make-up.

Feminism preaches leaning far left in their political views and they have a rather low opinion of men, masculinity and the value men bring to the world. Feminism puts single mothers on a pedestal, encourage unlimited free abortion, and equality of outcome, without effort.

Feminism teaches women to vote in patterns that promote a welfare state, massive government handouts, high tax rates, and social programs that widely benefit the female primary social order.

You will never be appreciated by a feminist, or valued for being a man. Feminism teaches women to be victims, and anyone with a victim mindset can't find happiness.

Today's version of feminism is so toxic, it is anti-femininity. It encourages women to hate, yet simultaneous behave like men, and ditch being a mother so priority is being placed on careers.

Feminism doesn't seek to make women better, or more feminine, it actually seeks to make them into terrible versions of men.

Ownership is something women generally struggle with, but feminists are nearly completely unfamiliar with, and everything will be the fault of the patriarchy.

Avoid any woman that identifies as a feminist at all cost. Since the #MeToo movement, we have seen several great men fall to the false claims of sexual harassment or rape, and the vast majority of these false charges originated from feminist women.

Sadly, even feminine cues are not enough, there are plenty of women out there that identify with feminist values that still remain feminine in appearance and these are the ones you must be most careful with as they are on a transformational path to obesity, collecting cats and short brightly coloured hair.

If you are getting into a LTR or considering marriage, ensure you give yourself a good two years to watch their behavior and choices in life before you do something silly like marry a woman that appears feminine, but internally idealises feminist propaganda.

Red Flag #3 - The Unhappy And Unlucky - Robert Greens 10th law, avoid the unhappy and unlucky. If you haven't read the 48 laws of power, do yourself a favour and read it. Always avoid the unhappy & unlucky, this just doesn't go for women, but it should be noted here in this chapter as these types of women are complete waste of your time.

They will bring you down to a place of depression and anxiety that will rob you of your joy. The unhappy, and unlucky have a problem for every solution.

They always have some problem going on in their life that attracts the "captain save a hoe" type of guys to swoop in and rescue them from their own shitty existence. They often go from man to man draining them of their joy, and fortune. They are a magnet for drawing in drama into their life, and ultimately yours. Only associate with the happy and fortunate.

Red Flag #4 - She Competes With You – A woman that constantly tries to compete with you might seem cute at first, but it's an underhanded behaviour that ultimately aims to reduce your worth to her. The female primary social order tells women they are better than men. I've

dated a women that competed with her brother growing up under their parent's roof, and the behaviour continued with her relationship with me.

It's a red flag because when women compete against you, it suggests she thinks she is better than you. A woman that thinks she is better than you, won't respect you, and will undermine you. For a woman to satisfy her hypergamy, she must feel like she is with a man at least 1-2 points higher than her sexual market value. Women don't try to compete with you when she understands your value is greater, and she admires you. Remember, women want to be with a giant, not a man she feels she is better than.

Red Flag #5 - Keeps Men From Her Past Around – Women like to have options, a recent survey showed that almost half of all married women admitted to having a back-up plan. If you are getting into an LTR and she wants you to abandon your sexual strategy of unlimited access to unlimited women, she needs to burn the ship on the shores of her new life with you and cut ties with other men.

The reality is, if you are a man chasing excellence in his life, you don't need distractions like your woman seeking attention from others. No good will ever come from her having coffee or lunch with ex boyfriends, or other male friends. Men and women don't have much in the way of common interests, aside from men want to fuck women. There should be no room for male "friends" in her life if you are in an LTR.

Red Flag #6 - Poor With Money – Some of you may know this already from my videos, but I'm well versed on financial services from my past businesses, and when women are bad with money, it's often serious trouble. If she is an adult, and doesn't have a pot to piss in, or a window to throw it out of, she is not to be considered for an LTR. I've seen too many men trying to play "captain save-a-ho" and bail out women with debt, and bad financial habits.

Despite the lie feminism has told women that they earn 75 cents for every dollar a man earns, women have every opportunity to earn a good living today, but women still overwhelming pick careers that pay less than men, and can overspend themselves into deep debt. If she can't manage her monthly cash flow, and has nothing but a pile of handbags and shoe collection to show for her debt, avoid her for anything more than a FWB.

Red Flag #7 – Violent Women – Women that have violent tendencies are a massive red flag, early signs of it might be a punch, or shove, but I've counselled many men that have endured knives being thrown at them by their woman throwing a hissy fit. Men are physically stronger than women, so when there is a domestic violence call into the police, even if you are the

innocent party making the call, or defending yourself, it's likely that you will be hauled away in handcuffs rather than her.

In the majority of domestic violence cases, men are presumed guilty, and women are protected, even if she was the one initiating the physical abuse. I've seen peaceful men, during a divorce, removed from their own home, and children, because a violent women accused her husband of domestic violence that never happened.

Violence from any women towards you, for any reason, should never be tolerated, and immediate grounds for terminating the relationship. To protect themselves, men must use their cell phone as a shield, and record a video of her erratic behavior as proof for the authorities. Avoid all violent women at all cost, the juice isn't worth the squeeze.

Red Flag #8 - **Jealousy** – Women that are insecure in themselves, will always make their problems your problems. They will constantly be texting you, going through your receipts to see where you've been, what you ordered, looking for hairs that aren't hers and counting the number of condoms in your nightstand drawer. It's exhausting. Trust me, I've been in a relationship with a woman like this, do not waste your time, she will drain you of your sanity, joy and dignity. Jealous women have work to do on themselves, and it's not your job to be their therapist.

Red Flag #9 - Party Girls – Most women under the age of 27 are party girls. If you met your girl in a night club, bar or other social event, and dating proceeds for several months, and she is talking about being your girlfriend, but she still continues to go out to social events to party several times a week, you need to stop that activity, keep her in plate status, or walk away.

You can't be in an exclusive LTR with a woman if she is going out to nightclubs regularly. The process involves 2 hours of preparation time so she can market herself to other men. If she is going out selling herself to other men, she is not your woman. She is acting available, and when there is a conflict between what she is saying, and doing. Believe the action, never the words.

I dated a few party girls, and their phones would always be going off at 2am on weekends from guys looking to hook up. Avoid party girls for LTRs and never limit yourself to one woman if you are dating a party girl, only spin her as a plate.

Red Flag #10 - Heavily Tattooed & Pierced Women – I realize some men have a preference for women with some ink, and there will be men that will try to take me to task on this, but placement, and frequency matters. One tattoo hidden in her bikini line isn't much to worry about, but if she has a tramp stamp, which is a tattoo on her lower back, or more than one

visible tattoo in normal clothing you might want to ask yourself what she is trying to warn you of.

Tattoos all over a beautiful woman, is like putting bumper stickers all over your Lamborghini. You don't do it, and it shows a lack of taste.

Heavily pierced women are another red flag. Draw the line at earrings, and if you want to push the limits, a nose ring. But if that nose ring is on her septum, nipple, clitoris, eyebrow or even has 21 ear piercings, just know you are dealing with someone that enjoys mutilating their own body, and that is a red flag

Red Flag #11 - Big Notch Count – Setting aside the higher probability of her having an STD, there have been plenty of studies done over the years on a woman's ability to monogamously bond to a man over a long term, and the impact female promiscuity (notch count) and the age at which she lost her virginity affects her ability to be a committed partner to a man.

A woman that lost her virginity at 14, and slept with 30 men, she is far less likely than a woman that lost her virginity at 20, and slept with 2 men, to monogamously pair bond to you over a long term.

What that means is, if you want to take on the risk of marriage, do it with a woman with a low notch count that lost her virginity later on in life.

Promiscuous women that have had many partners, and been sexually active from a young age DO NOT make good long term partners. It's not to say they can't or won't. But the statistics reveal how undesirable these women are long term, and that's why they should be treated as a plate, and nothing more. Women with high notch counts are more likely to report depression, be single mothers, and have abortions then women that don't.

It should be noted that woman will never reveal the truth about their notch count to you, so don't bother asking to get an authentic number. Some may volunteer, though conversation that they've had a low notch count, but any number they throw at you, because of the fear of being slut shamed, is always reduced. Also women only usually factor in relationships as part of their notch count, they often disregard all the one night stands, or FWB relationships they had.

Double whatever number they give you.

You can also assess notch count by lifestyle. A woman that you meet at 30, that claims she was in two back to back LTRs from the time she lost her virginity at 20, probably has a low notch count. But women with an absence of any LTRs in her past, that lived on her own, and traveled a lot you met at 35 could have a notch count approaching triple digits.

Red Flag #12 - Single Mothers – Son, do not be a cuck. Do not raise another man's child. The only time a man should even consider taking a single mother into his life is if you want kids, but can't have them, she is a widow, and the children are young.

Otherwise, there is absolutely nothing in it for you as a man. You do not pass on your own DNA, they do not have your last name, and the worst part is you have 100% responsibility as a parent, but 0% authority. I've dated single mothers, trust me. DO NOT DATE SINGLE MOTHERS. See my video on "the truth about dating single mothers" on my YouTube channel.

I've counselled hundreds of men that have made the mistake of living with a single mother in such a way that the state views as a marriage, and they have been on the hook to paid child support for kids that weren't his. In one case, a man was married for less than two years, and she brought two special needs kids to the table with her, and was taking him to court for child support for life.

Do not be a cuck.

Red Flag #13 – Women Seeking Validation - Social media is a staple in today's world, and almost all women are on it, but it's the one's using social media to get the attention of men from a public account that should be avoided. There are no "good girls", but the better ones will use social media from private accounts, meaning only "friends & family" can see their posts and they aren't posting provocative pictures all day fishing for likes, comments and direct messages from men.

Public accounts using social media to sell a product or service, and treating it like a business are okay, but understand she will still have men flirting with her.

The women posting daily provocative pictures of themselves, on public accounts with thousands of thirsty beta males following them, are selling something too, and it's their sexual agency. Women like this are looking to openly optimize their hypergamy.

Most women are drunk on social media attention, if you decide to consider an LTR with a woman that is constantly seeking attention online, you need to continue to exercise your sexual strategy, and date non-exclusively until such time as she abandons her open hypergamy.

A woman's sexual strategy is open hypergamy, and when she is seeking attention online, she is on the ice trying to score a goal. Your sexual strategy as a man is unlimited access to unlimited women, so do not even consider monogamy until she abandons advertising herself. Do not take these women seriously, they are to be limited to plate or FWB status.

Red Flag #14 - She Was a Sugar Baby – in a book by "B Rob" titled "salty" he shares his excursion into sugar dating, as a salt daddy, and he figured out how to identify if a woman has

ever been looking for money in exchange for dating as a sugar baby. Step 1) on an apple device, go to the app store, and looking up "seeking" and if the store icon shows "get" with the cloud, she's had the app on her phone and been a sugar baby. Step 2) search in her email for the term "seeking" and see if there are any emails sent from the site in her past that show up. Either method is going to require that you look into her private life. But if you are looking for LTR material, you need to take this step to ensure you aren't going to make a whore a housewife. If she was a sugar baby, she is to be limited to plate status only.

Red Flag #15 - Pathological Liars – Many women can't help but to lie. For some, their entire world is a house of cards, and they can't even tell when they are speaking the truth or not. They are not LTR material, because they aren't trustworthy.

Fortunately these types of women usually out themselves over time, simply because they can't keep up with their own bullshit. My first girlfriend at 19 was like this, she lied about everything, and anything.

I rode sport bikes at the time, and she was telling me early on how she had a sport bike at her mums house 1 hr away. But somehow it was never available for her to ride, or in storage. There was always a story about how she rode, but excuses as to where the bike was. Knowing it cost me \$9 to fill up the tank of my bike at the time, I asked her casually how much it cost to top up her bike tank. She responded \$25. Right there I knew she was a pathological liar, and many of her other stories collapsed shortly after that.

Pathological liars will tell you they are on birth control, when they aren't, they will lie about things that will put you at risk. If you are attentive, and poke at her stories, these women are easy to spot.

Red Flag #16 - Baby Rabies - This is an interesting term I came across after I got divorced, and re-entered the dating pool around 39. I was reflecting back on this annoying feeling that most of the women in the dating pool were desperate to get married and have children. Some of them were so thirsty to get married, they would even ask if that's what I wanted before asking anything else about me.

Sometimes it was even in their opening message on a dating application. It felt like they were looking for a dutiful beta, with sufficient provisioning ability, and decent genes to settle down with.

Women exhibiting desperation to get married, and reproduce are not into you, and will not support your mission. They will not complement your life, they will want to be the focus to your life.

Any women attempting to rush you into having kids, and getting married without allowing for a 2 year vetting period is a big red flag. Asking about long term intent, several weeks into dating, about goals, visions, and aspirations in life is normal. But if you get the feeling that you are just an accessory to fulfilling her biological imperative to reproduce, or that she is counting her eggs every month, as they dry up, she has baby rabies.

Move on, don't let her problems become your problem.

Many of these women put degrees, and careers ahead of their prime child bearing years, and as they approach their mid-thirties, they often get desperate. Remember, men can quite capably father healthy children well into their forties, form women their prime child bearing years erode rapidly after the age of 30.

Red Flag #17 - Hissy fits - Some women don't have the social maturity to process their emotions, so they resort to what I call, "hissy fits" to deal with their differences in a relationship.

I remember when my daughter was about 3 years old, something didn't go her way, and she responded by throwing herself on the ground, face down, then proceeded to kick and punch with her limbs at the ground while screaming. This is the toddler version, and I thought to myself: "so this is where it begins for girls eh." It's excusable in a child, because they don't know how to process their emotions when something doesn't work out for them, so they just kick and scream.

In an adult woman, it's a red flag, unacceptable, and comes in many forms.

One common example I've seen many men fail to spot is when she processes conflict poorly, and rather than approaching the issue head on like an adult, she'll passive aggressively go and post something either provocative and sexy, or underhanded on social media about you. One says "hey fella's, I'm over here, and my man pissed me off, look at me and shower me with validation and attention". The other is a passive aggressive maneuver to shame or ridicule you, usually with some covert statement or meme.

Hissy fits cover a wide range, they include, but aren't limited to overtly stating verbally "Just leave my shit on the front porch" to using actions like covertly hiring a male personal trainer you know she was fucking in the past, and posting a picture on social media of themselves together, with some trite caption just to piss you off.

Hissy fits should be dealt with head on, and treated as unacceptable behavior, otherwise you will constantly be dealing with them in your relationship.

Most women, because of their own solipsistic nature, will be unaware of it as a hissy fit, even when you spell it out for them. Be resolute. You will get out of life what you tolerate.

A woman that is serious about sorting herself out will do the work, a woman that isn't will make excuses.

Red Flag #18 - **Not Being in Control of Birth** – In Rollo Tomassi's book, "The Rational Male" he outlines his "Iron Rules," and number 5 was "always be in control of the birth." As a man today, once your sperm leaves your balls, women make 100% of the decisions around the birth.

Knock up the wrong woman, and you could be on the hook for around 20 years as her personal ATM. NEVER, EVER trust a woman you are not in a properly vetted LTR with when she says, "it's okay, just go inside me, I can't get pregnant." You must have 100% certainty that there is effective birth control in play, and birth control pills are not sufficient.

Many men have knocked up women who claimed to be on the birth control pill, only to discover she "accidentally" forgot to take them or weren't even on them. Condoms (you flush afterwards) or an IUD are your most reliable methods of birth control today. Remember, women lie. It's called birth control for a reason, always be in control of it.

Red Flag #19 - Drama Queens – All, not some, women crave some form of drama periodically, and will actively manufacture indignation in the absence of any issues in your relationship. Drama queens will sort select though random molehills, and turn them into a mountain. This is also another form of a hissy fit.

You will inevitable encounter manufactured indignation with a women at some point, but if it appears more than once within the first 3 months of dating, she is flat out telling you this will be a regular occurrence. So buckle up buddy, you'll be in for a roller coaster ride if you don't put your foot down, get her to knock it off and maintain boundaries in your relationship.

Manufactured indignation is really just a shit test, and about testing your frame, as the dominant frame in a relationship. As my friend Rollo Tomassi once said: "no amount of negotiated pussy is worth losing frame for in a relationship."

Conclusion – As stated earlier, you can ignore my warnings about these red flags, and get involved with these women, but at some point, your life will become complicated, and unnecessarily difficult.

As a man it is incumbent on you to shoulder the burden of performance, and chase excellence. In life, women can become our anchor, or a sail. Look for women that are a complement to your life, and fill your sails with wind. Limit your interactions with anchors.